

5.3.2 Presence of a student council, its activities related to student welfare and student representation in academic and administrative bodies/committees of the institution.

Indira College of Nursing

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[YOUTH RED CROSS]

AIM:

Indira College of Nursing has a Youth Red Cross is to create awareness on the care of their own health and that others the understanding and acceptance of their responsibilities and engaging people in Blood donation and other Health awareness programme.

OBJECTIVES:

- To inculcate national integration in the youth of our country.
- An awareness on the care of their own health and that of others.
- The understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same.
- To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth.
- To foster better friendly relationship with all without any discrimination.

PRINCIPLES:

- Protection of health and life.
- Service to the risk and suffering
- Promotion of national and international friendship
- To develop the mental and moral capacities of the youth.



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YOUTH RED CROSS

S.NO	PROGRAMME LIST
1.	BLOOD DONATION CAMP-PERUMBAKKAM
2.	WORLD BREAST FEEDING WEEK
3.	70TH INDEPENDENCE DAY CELEBRATION
4.	ORGAN DONATION DAY
5.	POST-CYCLONE HEALTH CAMP
6.	DISASTER MANAGEMENT
7.	BLOOD DONATION CAMP-THIRUVALLUR
8.	THE INTERNATIONAL WOMEN'S DAY
9.	WORLD TUBERCULOSIS DAY
10.	INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING


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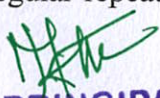
BLOOD DONATION CAMP



Blood donation camp was conducted in Perumbakkam by Dr.Gowri sankar. The YRC volunteers were assisted in registration, blood grouping, certificate writing and checking vital signs. About 68 people donated blood and the volunteers carried blood bags and preserve it in the refrigerator at Government Head Quarters Hospital, Thiruvallur. All the donors were provided with plant as a part of appreciation.

The YRC volunteers jointly participated in the blood donation camp at Kakkalur conducted by Government Headquarters Hospital, Thiruvallur. The following activity was done by our student volunteers.

Registration of donors, pre-donation counselling, History collection to check the fitness, writing certificates for the donors, encouraging the first-time donors to become regular repeat donors, monitoring side effects, and maintain cold chain.


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WORLD BREAST FEEDING WEEK



World Breast Feeding Week was celebrated by the YRC Volunteers in association with the theme of “Breastfeeding: a key to Sustainable Development” at Govt Headquarters Hospital, Thiruvallur. The students participated in various competition such as Quiz, Rangoli, Debate, Roleplay, Essay Writing and oration competition and won many prizes.

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YOUTH RED CROSS SOCIETY



“Azzadi -70 Zara Yaad Karo Kurbani” 70th Independence Day of India was celebrated as per the instruction of Union Ministry of Human Resources Development (MHRD) and Indian Nursing Council (INC). from 15th to till August 23rd to inculcate patriotic spirit among students. The following competition was held and distributed certificates for the winners and participants. Painting competition, elocution competition, essay writing competition, play with freedom movement as theme, and patriotic song competition was conducted. The event was sponsored by the SNA. YRC Volunteers are involved in maintain discipline during the programme.

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Indira School & College of Nursing- YRC Unit had observed Organ Donation Day in association with Government Headquarters Hospital & Rotary Club, Thiruvallur and as a part of this programme, a rally was organized from Kalai Sangam Ground to District Collectorate Office to create awareness on significance of organ donation. The event was inaugurated by honorable District Collector Ms.Sundharavalli I.A.S., Mr.Mohan.,Joint Director of Health Services, Mr.Nagendra Prasad., Medical Superintendent.



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Indira School & College of Nursing was conducted Post-cyclone Health Camp in association with Priyadharshini Dental College and Hospital, Pandur, Thiruvallur District. The YRC volunteers participated with enthusiasm. The camp was organized at Konda cherry village. The event was inaugurated by M.K. Stalin, Former Deputy Chief Minister, Tamil Nadu, Mayor of Chennai and DMK Treasurer. Around 20 volunteers of Youth Red Cross unit in Indira College of Nursing and 15 CRRIs of Priyadharshini Dental College and Hospital (PDCH) were involved actively in this camp under the guidance of Thiru V.G.Rajendran Chairman.,MLA, Mrs.Indira Rajendran, Managing Director, Indira Group of Educational Institutions, Dr.Sharadha Ramesh, Principal, Indira College of Nursing and Dr.M.K.Venkata Prasad, Dean, PDCH.

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A one-day training programme on “Disaster Management” was held at Indira School & College of Nursing. Around 100 volunteers participated in this programme. The programme was inaugurated by Dr.Nagendran, Thiruvallur District Secretary for Indian Red Cross Society. He introduced an administrative set up, principles and activities of YRC in brief. He was also explained the role of volunteers during and after disaster and motivated them to extend their help to the society whenever required. An introduction of theme and significance of today’s programme was explained by an eminent speaker and organizing chairperson Prof.Dr.Sharadha Ramesh, Principal & YRC Chairperson, Indira School and College of Nursing. In her special address, madam introduced concepts of disaster management and role of nurses in disaster preparedness and risk reduction. Key Resource Person of the programme Mr. K.Manickam., District Resource Disaster Management and First aid Trainer was explained about types of disasters, Psychosocial Support during and after the disaster, disaster prevention and preparedness, disaster relief and recovery. He was also demonstrated the various techniques through which we can rescue the victims with the available resources at the time of disaster. Vote of thanks was delivered by the organizing secretary of the programme Ms. Vatchala Devi, Associate Professor and YRC Programme Officer.

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The YRC volunteers around 200 members from ISON/ICON were participated in the rally to create awareness on PCPNDT Act from Thiruvallur Kalaisangam Ground to Collectorate office. Ms.Elayaselvi won first prize in oratorical competition held on the topic “ Women Education is an important tool for the development of the society” Blood donation camp was organized by YRC volunteers of ICON / ISON in association with Government Headquarters Hospital, Thiruvallur. They were collected around 120 units of blood from the donors.


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The International Women's Day was organized by YRC volunteers at ICON/ISON auditorium with the theme on "Pledge for Parity". Advocate Ms. Bindhu Velu, CEO of Vamsi Bio(Pvt)Ltd, Ms. Sudha, Transgender, Professor was the chief guest for the programme. Around 300 students were participated with enthusiasm. Various competitions were conducted. Prize winners in **Essay competition** (Women Empowerment in India) were 1. Leyal Sathyavathy, 2. Mary Teresha, 3. Nadar Jaysudha Johnson. **Poem writing competition** (Gender Discrimination) 1. Chakaravarthy 2. Elayaselvi 3. Tamilselvi. **Oration competition** (The Women Who Admired me). Elayaselvi 2. Chakaravarthy 3. Nadar Jay:sudha Johnson. The event was published in <http://www.internationalwomensday.com/usr/Edit-Activity.aspx>




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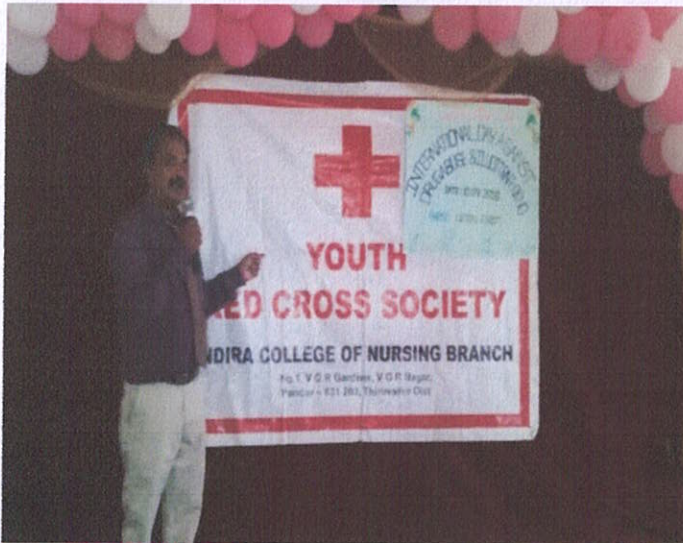
World Tuberculosis Day was observed jointly by the SNA and YRC volunteers at ICON/ISON Seminar Hall. The program was organized by Ms.Uma Mageshwari and Ms.Kalavathy from Medical-Surgical Nursing Department. The students were involved in Group Discussion, Poster presentations and an interactive lecture on the theme “Unite to Eliminate TB”.


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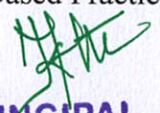
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“International Day against Drug Abuse and Illicit Trafficking” was observed under the theme of “Listen First. Say Yes to Health and No to Drug”. The international seminar was conducted on the theme by YRC Unit of Indira College of Nursing. International speaker Mrs.Monika Sr.Lecturer, Abdul University for Health Sueule, Riyadh, Kingdom of Saudi Arabia was delivered tremendous content on the theme. Prof.Dr.Sharadha Ramesh was unfolded the theme for the conference. Mr.Vijaykumar HOD of Mental Health Nursing was spoke about Community Based Programme for drug abuse in nutshell. Associate Professor Mrs.Anitha was delivered her lecture on Forensic Medicine for Drug Abuse and Illicit Drug Trafficking. Mr.Vijay Anand , Asst.Professor was delivered speech on topic “Evidence Based Practice on Treating Drug Abuse”.

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